

Benefits Of Vitamin C Includes Skin Enhancement

Praised for its healing powers and cancer-fighting capabilities, Vitamin C also contains elements that protect against skin cancer. When applied topically (as in our Collagen Creme) this wonder vitamin can lessen the formation of tumors, reduce erythema (reddening of the skin) and diminishes sunburn cell formation, according to the National Skin Cancer Foundation. In addition, applying skin cremes containing vitamin C aids in the production of collagen, the fibrous component in the connective tissue that keeps skin smooth. As skin ages, collagen production declines. Applying Vitamin C on the skin increases collagen production thereby precluding or mending the effects of aging. Although Vitamin C has many benefits, the vitamin cannot guard your skin against the sun's actual rays. When out in the sun, Vitamin C loses its efficiency when exposed to UV rays. Currently recommendations include taking a supplement of 500 milligrams a day and eating foods that contain vitamin C including citrus fruits, leafy greens, cantaloupe, peppers, tomatoes and strawberries. This excerpt was taken from the National Skin Cancer Foundation's Sun and Skin News.

The Fanie company has known for many years the benefits of topical Vitamin C for the skin. They have many products in their line that contains this miracle vitamin which include:

Collagen Creme: Vitamin C night creme, used to help promote elastin production in the skin. Can be used on other parts of the body to promote elasticity.

Dreme Creme: Used for very oily, acne type skin. Applied to the face and neck after cleansing with White Oak cleanser Also contains vitamin A. Which helps to soften the scar tissue and heal the skin Excellent applied after the masque treatment and under make-up for skin protection.

Creme d' Orange: A great source of vitamin C with added ascorbic acid from fermented orange peels. Helps to control oils, and minimizes large pores. Great for men's after shave.

Elastin Moisturizer: A terrific all over body lotion that tones and tightens. Also contains Vitamins A & D. Perfect for use everyday just out of the shower. It is a body-heat activated lotion that helps increase circulation and release pain. Also great to use for massage. Non-oily or greasy.

Fizzy Masque: A low pH masque designed to control oils, naturally. Excels in closing pores and lightening skin tone. An excellent skin tightening masque. Use up to twice weekly for clearer, more refined skin.

For more information about any of these or other Fanie products feel free to give us a call.